



Get Into Shape with our Summer Sizzle Special

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**EVENT CALENDAR**

**SPA & FITNESS  
CENTER**

**SPA + FITNESS - SUMMER SIZZLE**

# Summer

# SIZZLE

## 3-MONTH FITNESS MEMBERSHIP

ALL GROUP FITNESS CLASSES INCLUDED



Only \$99

The Summer Sizzle is back by popular demand!  
Get a 3-month membership for just \$99!  
All classes are included.

[GROUP FITNESS SCHEDULE](#)

[MORE INFORMATION](#)

## WINE DINNER

### DAOU WINERY WINE DINNER

WEDNESDAY, MAY 22  
6 pm @ the Vistas Pavilion

Enjoy an evening with custom-crafted food, extraordinary wine and fabulous friends.

[MORE INFORMATION](#)



## BIG SUMMER BLOWOUT

### BIG SUMMER BLOWOUT

FRIDAY, MAY 24

10 am-noon @ The Trailhead Parke

Come join us at our Big Summer Blowout to celebrate the end of the school year and start summer off right! We'll have water activities, games, a DJ, and delicious snow cones for sale. Don't forget to pre-register for only \$5 per person or pay \$10 at the door. See you there!

[This event is sponsored by State 48 Roofing.](#)



[REGISTER HERE](#)

## DIVE-IN MOVIE

**DIVE-IN MOVIE**  
**FRIDAY, JUNE 7**  
7:45 pm @ The Trailhead Pool

Grab your floaties and head down to the Trailhead pool for a Dive-In Movie! Luca will be the featured film. Registration is required for all attendees, space is limited.

[REGISTER HERE](#)



## FLOWER ARRANGEMENT WORKSHOP

**FLOWER ARRANGEMENT WORKSHOP**  
**SATURDAY, JUNE 8**  
10 - 11:30 am @ The Trailhead

Unleash your creativity at our Flower Arrangement Workshop. Learn to create stunning bouquets and brighten up any space with beautiful, fresh blooms!

[REGISTRATION](#)



# HIGH TEA

## HIGH TEA

**SATURDAY, JUNE 8**

11 am - 1 pm @ The Vistas Pavilion

Join us at the Vistas Pavilion for High Tea. Experience the tradition in a setting as beautiful as the flavors on your palette. Don't miss this exquisite gathering!



**RESERVATIONS**

# SUMMER YOUTH ACTIVITY CAMP

## SUMMER KIDS CAMP

**JUNE & JULY**

8 am - 2 pm

You still have time to enroll your child - ages 5-12 - in the Summer Youth Activity Camp. Indoor and outdoor activities include tennis, pickleball, soccer, field games, swimming, splash pad, plus arts & crafts.

**SIGN UP**



# RECREATION SPOTLIGHT

## MORNING RESIDENT DROP-IN PICKLEBALL

This month, we're testing an additional morning time for resident drop-in play.

Beginner/intermediate players can stop by Court 4 on Thursday mornings from 8 - 10 am. The paddle system will be utilized to facilitate

rotation.



## FAMILY PREPARATION

### EMERGENCY PREPAREDNESS

In 2022, the Board approved an Emergency Preparedness Plan to promote safety in Las Sendas. Please take a few minutes to review the information below with your family.

- Tune in to your local television station, KTAR 92.3 FM or KEC94, Phoenix VHF Frequency 162.550, for Emergency Alert System announcements.
- Make an evacuation plan for your family and practice it regularly.
- Stock and maintain an emergency preparedness kit.

Click the button to learn more.



EVACUATION TIPS

## NATURAL TURF AREAS TREATMENT

### FERTILIZING NATURAL TURF AREAS

Pro Qual will apply fertilizer to all natural turf areas this Friday, May 17. Signs will be placed in these areas as a reminder on Friday morning and removed at the end of the day on Friday once the turf is dry. [www.mylassendas.org/document](http://www.mylassendas.org/document)



## TRAILRIDGE MAILBOX REPLACEMENT

### MAILBOXES TO BE REPLACED IN TRAILRIDGE ENCLAVE

The Board approved Express Mailbox Service to replace the mailboxes in the Trailridge Enclave. **This project is scheduled for Saturday, May 25, 2024.** Click the button below for more details.

[MAILBOX PROJECT](#)



## VOLUNTEERS NEEDED

### SERVE ON THE LANDSCAPE COMMITTEE

The Landscape Committee is looking for new members! The committee works on issues pertaining to the common areas of the Las Sendas Community and provides guidance to the Board on these issues. Currently, the committee is working on fire mitigation, erosion mitigation, trail maintenance, and water conservation...just to name a few! The committee meets once per month.

If you would like to learn more,



[APPLICATION](#)

please email Sharon Haas at [shaas@mylassendas.org](mailto:shaas@mylassendas.org). If you would like to apply for committee membership, please fill out an application.

## LANDSCAPE WORKSHOP MEETING

### LANDSCAPE WORKSHOP MEETING

The Landscape Committee will hold a workshop meeting on Tuesday, May 21 at 9 am at the Trailhead Clubhouse. Residents are welcome to attend.



## QUICK LINKS



**FOOD TRUCKS**



**RECREATION**



**BUSINESS DIRECTORY**



**PROJECT UPDATES**



**COMMUNITY CALENDAR**



**COMMUNITY NEWS**

**GET LAS SENDAS TEXTS**

**LAS SENDAS GOLF COURSE**

## TALK WITH THE TEAM

**Christal Bromley** | Executive Director  
**Sharon Haas** | Community Manager  
**Gina Gluvna** | Spa + Fitness Director  
**Michael Fenzel** | Lifestyle Director  
**Rob McKaig** | Director of Security  
**Dustin Melgaard** | Maintenance Director

**Calee Burch** | Community Standards Manager  
**Kimberly Kelley** | Design Review Coordinator  
**Melody Birkett** | Communications Manager  
**Christine Hatch** | Lifestyle Coordinator  
**Maureen Trask** | Front Desk Associate

(Notary services available by appointment)  
Spa + Fitness Center | (480) 832-6900  
Security | (480) 220-1794  
Mesa Police Non-Emergency Line | (480) 644-2211

COMMUNITY WEBSITE

SPA + FITNESS WEBSITE

**Trailhead Members Club**  
7900 E Eagle Crest Dr.  
Mesa, AZ 85207  
(480) 357-8780  
*M - F, 8:30 am - 4:30 pm*

*Las Sendas is proudly managed by*



Las Sendas Community Association | 7900 East Eagle Crest Drive, Mesa, AZ 85207

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