



**Aqua Fit**

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**EVENT CALENDAR**

**SPA & FITNESS  
CENTER**

## FIREWORKS POLICY

### FIREWORKS REMINDER

As the Fourth of July approaches, we want to remind residents that all types

of fireworks are prohibited in Las Sendas, including those permissible in other parts of the state. This rule was adopted to help protect our homes and landscaping by reducing the fire risk in our community.

## HOLIDAY SCHEDULE

### JULY 4

The Trailhead office will be closed on Thursday, July 4, in observance of Independence Day.

The Spa + Fitness Center will be open 7 am to 1 pm.



## SPLASH PAD CLOSED

The splash pad is currently closed for maintenance. We are waiting for a warranty repair, and the work may not be complete until next week. Thank you for your patience.

## FIRE MITIGATION

### FIRE MITIGATION

Over 90 acres of common areas will be impacted by fire mitigation work (removal of excess vegetation) this year.

Residents will be notified by email before work begins in their enclave.

Click below to learn more.

[MORE INFORMATION](#)



## LIGHTING GUIDELINES

### LIGHTING GUIDELINES



We've updated our lighting guidelines regarding permanent LED trim lighting for production homes.

Read more below on page 16 of the community design guidelines.

[MORE INFORMATION](#)



## TRIVIA

### TRIVIA

**FRIDAY, JUNE 28**

6 - 8 pm @ The Trailhead

Survey Says? is a high-energy game show similar to the classic TV favorite, Family Feud.

Please feel free to bring your own snacks and beverage of choice.

[Sponsored by State 48.](#)



[REGISTER HERE](#)

## BLOOD DRIVE

### VITALANT BLOOD DRIVE

**SATURDAY, JUNE 29**

2 - 6 pm @ The Trailhead

Participate in our semi-annual blood drive at Las Sendas. We are partnering up with Vitalant to help save lives. [Click below and enter blood drive code LasSendas to make an appointment!](#)

Thank you for your donation!

[MAKE APPOINTMENT](#)



## HOT DOGS & CRAFTS

**HOT DOGS & CRAFTS**  
**WEDNESDAY, JULY 3**  
11:30 am - 1:30 pm @ The Trailhead

We're having a fun event to celebrate Independence Day with hot dogs and patriotic crafts. Be sure to sign up soon since spots are limited. See you there!



**SIGN UP**

## NEW HOMEOWNER ORIENTATION

**NEW HOMEOWNER**  
**ORIENTATION**  
**TUESDAY, JULY 9**  
5:30 - 6:30 pm @ The Trailhead

Meet your new neighbors and learn about the beautiful community you live in.

The first 30 minutes will be [mingling over light appetizers and soft drinks followed by a short presentation from your management team](#). We look forward to meeting you!



**REGISTER FOR ORIENTATION**

## BINGO

**BINGO**  
**FRIDAY, JULY 12**  
5:30 - 8:30 pm @ The Trailhead  
Banquet Rooms

Join us for a night of BINGO fun! Come meet your neighbors, mingle and be ready to have a blast! Doors open for happy hour at 5:30 pm and game play begins at 6 pm.

Registration is required for all attendees and space is limited. There will be no registration refunds.

The event is sponsored by [Leading Edge Senior Care](#).



**REGISTER**

# SUMMER YOUTH ACTIVITY CAMP

## SUMMER KIDS CAMP

JUNE & JULY

8 am - 2 pm

You still have time to enroll your child - ages 5-12 - in the Summer Youth Activity Camp. Indoor and outdoor activities include tennis, pickleball, soccer, field games, swimming, splash pad, plus arts & crafts.

[SIGN UP](#)



# BOARD MEETING

## BOARD MEETING

The Board will hold an [open session meeting on Thursday, June 27, at 6 pm.](#)

As a reminder, residents may attend an open session Board meeting from the comfort of their homes. A link to [virtually join the meeting](#) can be found on our online community calendar under 'Board Meeting Livestream.' Residents can share comments using the chat feature before the Board takes formal action on any item. Plus, you can provide comments during the resident forum.



We ask that residents [register for Board workshops and meetings in advance if attending in person.](#) Click the buttons below to view the meeting agenda and/or register for the open session meeting.

[VIEW AGENDA](#)

[REGISTER TO ATTEND](#)

# SPA + FITNESS

Enjoy a 2-month membership for \$69! All group fitness classes included.



# BEAT THE HEAT



**2**  
**MONTH**  
**MEMBERSHIP**  
**\$69**

## GROUP FITNESS INCLUDED

YOGA | BARRE | PILATES | STRENGTH  
BALANCE | MOBILITY | CORE + MORE!



LAS SENDAS  
SPA AND FITNESS CENTER

**480-832-6900**

[lsfitspa.com](http://lsfitspa.com)

## SUMMER SPA SPECIALS

Hydrofacial \$99

Intro Massage \$99

Click below to learn more.



**LAS SENDAS  
SPA AND FITNESS CENTER**

# Summer Spa Specials

## Only \$99

### Facial & Massage

#### Hydrofacial

**\$99 Reg \$125**

(add Dermaplaning for \$15)

#### Intro Massage

**\$99 reg \$125**

(tailored for your needs)

**NEW**

#### PureLift Micro-current Facial

(coming soon)

All Natural lift at the muscle layer with  
**NO Downtime!**

*Book  
Now!*



Get your Skin Summer Ready with  
our hydrating Spa specials

[www.lsfitspa.com](http://www.lsfitspa.com)



**GROUP FITNESS SCHEDULE**

**MORE INFORMATION**

## QUICK LINKS



**FOOD TRUCKS**



**RECREATION**



**BUSINESS  
DIRECTORY**



PROJECT UPDATES



COMMUNITY CALENDAR



COMMUNITY NEWS

GET LAS SENDAS TEXTS

LAS SENDAS GOLF COURSE

## TALK WITH THE TEAM

**Christal Bromley** | Executive Director  
**Sharon Haas** | Community Manager  
**Gina Gluvna** | Spa + Fitness Director  
**Michael Fenzel** | Lifestyle Director  
**Rob McKaig** | Director of Security  
**Dustin Melgaard** | Maintenance Director

**Calee Burch** | Community Standards Manager  
**Kimberly Kelley** | Design Review Coordinator  
**Melody Birkett** | Communications Manager  
**Christine Hatch** | Lifestyle Coordinator  
**Maureen Trask** | Front Desk Associate

**Community Office** | (480) 357-8780  
(Notary services available by appointment)

**Spa + Fitness Center** | (480) 832-6900

**Security** | (480) 220-1794

**Mesa Police Non-Emergency Line** | (480) 644-2211

COMMUNITY WEBSITE

SPA + FITNESS WEBSITE

**Trailhead Members Club**  
7900 E Eagle Crest Dr.  
Mesa, AZ 85207  
(480) 357-8780  
*M - F, 8:30 am - 4:30 pm*

*Las Sendas is proudly managed by*



Las Sendas Community Association | 7900 East Eagle Crest Drive | Mesa, AZ 85207 US

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