



HAPPY 4TH OF JULY!

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EVENT CALENDAR

SPA & FITNESS  
CENTER

## FIREWORKS REMINDER

### FIREWORKS REMINDER

All types of fireworks are prohibited in Las Sendas, including Arizona Permissible Fireworks that are allowed in other parts of the state. **This policy was adopted to help protect our homes and landscaping by reducing the fire risk in our community.**

To help capture fireworks usage, an off-duty police officer will be patrolling on July 4 in addition to our security team. The officer will have the authority to issue citations, which will carry fines. Additionally, Las Sendas violation letters will carry fines of \$250.

If you witness fireworks launched into the air within our community, please call the Mesa Police non-emergency number at 480-644-2211. If you witness non-aerial fireworks, please call Patrol at 480-220-1794 or [file a complaint on our website](#) (log-in required for access).”

## JULY ASSESSMENTS

### JULY ASSESSMENTS NOW DUE

A friendly reminder, quarterly assessments are now due and will be late on July 15. We have multiple options for accepting payments.

PAYMENT OPTIONS

## NEW RESIDENT ORIENTATION

### NEW RESIDENT ORIENTATION

TUESDAY, JULY 9

5:30 - 6:30 pm @ The Trailhead

Meet your new neighbors and learn about the beautiful community you live in.

The first 30 minutes will be [mingling over light appetizers and soft drinks followed by a short presentation from your management team](#). We look forward to meeting you!



REGISTER FOR ORIENTATION

## BINGO

### BINGO

FRIDAY, JULY 12

5:30 - 8:30 pm @ The Trailhead  
Banquet Rooms

Join us for a night of BINGO fun! [Come meet your neighbors, mingle and be ready to have a blast!](#) Doors open for happy hour at 5:30 pm and game play begins at 6 pm.

Registration is required for all attendees and space is limited. There will be no registration refunds.



## BABYSITTER CPR

### CHILDCARE & BABYSITTER TRAINING PLUS FIRST AID, CPR/AED

**TUESDAY, JULY 23**

**9:30 am - 2:30 pm @ The Trailhead Banquet Rooms**

This one-day course gives students the knowledge and skills to confidently care for infants and school-aged children. Participants will learn how to respond to emergencies and illness with first aid, rescue breathing, CPR and other appropriate care, along with the basics of babysitting. Students will receive a Babysitters Certification Card and CPR/AED certification card good for 2 years. Students will receive class supplies: CPR/First Aid Kit, workbook, babysitter bag, hands-on manikin practice, interactive learning and more!



REGISTER

## SPECIAL NEEDS WORKSHOP

### SPECIAL NEEDS PLANNING WORKSHOP

**TUESDAY, JULY 23**

**6-8 pm @ The Trailhead Banquet Rooms**

Residents, friends, and family are invited to an opportunity to attend a special needs planning workshop presented by Bart Stevens. **This FREE educational workshop geared towards caregivers** will cover subjects such as: Special Needs Trusts, Wills, Family Trusts, Guardianship, Trustees, Social Security, Medicaid, Medicare, Financial/Budget Planning ABLE



REGISTER

Accounts, the Letter of Intent, and more.

## SUMMER YOUTH ACTIVITY CAMP

### SUMMER KIDS CAMP

**JUNE & JULY**

**8 am - 2 pm**

You still have time to enroll your child - ages 5-12 - in the Summer Youth Activity Camp. Indoor and outdoor activities include tennis, pickleball, soccer, field games, swimming, splash pad, plus arts & crafts.

**SIGN UP**



## SPA + FITNESS

Enjoy a 2-month gym membership for \$69! All group fitness classes included.

# BEAT THE HEAT



**2**  
**MONTH**  
**MEMBERSHIP**  
**\$69**

## **GROUP FITNESS INCLUDED**

YOGA | BARRE | PILATES | STRENGTH  
BALANCE | MOBILITY | CORE + MORE!



**480-832-6900**  
[lsfitspa.com](http://lsfitspa.com)

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## **JULY SPA SPECIALS**

- Ultimate Beauty Cocktail Facial \$135
- Intro Massage \$99

Click the buttons below to learn more.



# July

## Spa Specials



### Facial & Massage

#### Ultimate Beauty Cocktail Facial

**\$135 Reg \$155**

(HYDROFACIAL, RF, DERMAPLANING, ENZYME & LED LIGHT)

#### Intro Massage

**\$99 reg \$125**

(tailored for your needs)

#### NEW



#### PureLift Micro-current Facial

**NOW AVAILABLE**

**\$199 Reg \$250**

All Natural lift at the muscle layer with

**NO DOWNTIME!**

[www.lsfitspa.com](http://www.lsfitspa.com)

*Book Now!*



GROUP FITNESS SCHEDULE

MORE INFORMATION

### QUICK LINKS



FOOD TRUCKS



RECREATION



BUSINESS  
DIRECTORY



PROJECT UPDATES



COMMUNITY CALENDAR



COMMUNITY NEWS

GET LAS SENDAS TEXTS

LAS SENDAS GOLF COURSE

## TALK WITH THE TEAM

**Sharon Haas** | Community Manager  
**Gina Gluvna** | Spa + Fitness Director  
**Michael Fenzel** | Lifestyle Director  
**Rob McKaig** | Director of Security  
**Dustin Melgaard** | Maintenance Director  
**Christal Bromley** | Executive Director

**Calee Burch** | Community Standards Manager  
**Kimberly Kelley** | Design Review Coordinator  
**Melody Birkett** | Communications Manager  
**Christine Hatch** | Lifestyle Coordinator  
**Maureen Trask** | Front Desk Associate

**Community Office** | (480) 357-8780  
(Notary services available by appointment)

**Spa + Fitness Center** | (480) 832-6900

**Security** | (480) 220-1794

**Mesa Police Non-Emergency Line** | (480) 644-2211

COMMUNITY WEBSITE

SPA + FITNESS WEBSITE

**Trailhead Members Club**  
7900 E Eagle Crest Dr.  
Mesa, AZ 85207  
(480) 357-8780  
*M - F, 8:30 am - 4:30 pm*

*Las Sendas is proudly managed by*



Las Sendas Community Association | 7900 East Eagle Crest Drive | Mesa, AZ 85207 US

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