



Every month, the Las Sendas Community Association hosts impactful social and fitness activities **to connect you with your neighbors.**

Below you'll find a calendar of **events, weekly activities, and group fitness classes.** Dates and times are subject to change.

[ONLINE COMMUNITY CALENDAR](#)

FEBRUARY 2025 EVENTS

VALENTINE'S DAY CHARCUTERIE BOARD WORKSHOP

THURSDAY, FEBRUARY 13
6:30 - 8 pm @ The Trailhead

Join Las Sendas resident Joanna Carl and indulge in a hands-on culinary experience with her Valentine's Day Charcuterie Board Workshop. Learn the art of creating a beautifully crafted board filled with an array of gourmet meats, cheeses, fruits, and nuts. Impress your loved one or friends with a personalized and delicious masterpiece this Valentine's Day. Everything will be supplied for this workshop.



[REGISTER HERE](#)

GALENTINE'S TEA

SATURDAY, FEBRUARY 15

11 am - 1 pm @ The Vistas Pavilion at the
Golf Club

The Vistas Pavilion continues their Valentine's Day celebration with their Galentine's Tea. Bring your mom or besties and enjoy sandwiches, scones and dessert.

[MORE INFORMATION](#)



SPECIAL NEEDS PLANNING WORKSHOP

TUESDAY, FEBRUARY 18
6 - 7 pm @ The Trailhead

Residents, friends, and family are invited to a special needs planning workshop presented by Chloe Renshaw and Bart Stevens.

This FREE, one-hour educational workshop will cover the four key areas of planning, legal documents, government benefits, budget and financial and lifestyle planning. Special needs planning is essential to provide peace of mind for the future of your loved one with special needs.



[REGISTER](#)

DROP-IN COFFEE WITH THE BOARD

WEDNESDAY, FEBRUARY 19
8 - 10 am @ The Trailhead Lobby

Residents are invited to have coffee with board members, ask questions, and share concerns or suggestions.

No registration necessary.



RACLETTE CHEESE + FONDUE EVENING

THURSDAY, FEBRUARY 20
6:30 - 8 pm @ The Trailhead

Join Joanna Carl for a delightful Raclette Cheese Evening Workshop. Indulge in the delectable flavors of this traditional Swiss

delicacy and tradition, served alongside an array of complementary foods. Savor the perfect pairing of raclette cheese, meats, pickles, baguette and vegetables along with a fondue for dessert.



[REGISTER](#)

4-COURSE WINE DINNER FRIDAY, FEBRUARY 28

6 pm @ The Vistas Pavilion at the Golf Club

Join the Vistas Pavilion for their Silver Oak Wine Dinner.

The winery began in California with a handshake between two friends with a focus on one varietal - Cabernet Sauvignon - aged exclusively in American oak.



[MORE INFORMATION](#)

CHILDCARE & BABYSITTING TRAINING

SATURDAY, MARCH 1

9:30 am - 2:30 pm @ The Trailhead

Students will receive Babysitters Certification Card & CPR/AED certification card good for 2 years. Class includes supplies (CPR/First Aid Kit, Workbook, Babysitters bag), hands-on manikin practice, interactive learning and more!



[REGISTER](#)

FUN VOLUNTEER OPPORTUNITIES!

We need volunteers for our events. This may consist of helping with check-ins, set-ups, teardowns or answering questions for the

community at our signature events. For more information, call Mike Fenzel at [480-357-8780](tel:480-357-8780), ext. 5.



RECREATION IN LAS SENDAS

Las Sendas has a variety of recreation programs for all ages.

**Soccer Shots
(kids)**

LEARN MORE



**Pickleball Clinics, Lessons,
Drop-in & More! (all ages)**

LEARN MORE



**Tennis Lessons & Clinics
(all ages)**

LEARN MORE



**8 Count Dance Classes
(Kids)**

DANCE



Karate (kids)

LEARN MORE



Mesa Aquatics Club (all ages)

LEARN MORE



WEEKLY CLUBS

These club events are happening **every week in Las Sendas**.
Don't miss out!



BRIDGE CLUB MONDAYS

1 - 4 pm @ Trailhead

Learn how to play this trick-taking card game and compete with a partner every Monday. Please contact **Elaine** at **480-518-0023** for more info.



BOCCE DROP-IN WEDNESDAYS

6:30 - 8:30 pm @ Boulder Mountain Parke (behind the pickleball courts)

The Bocce Drop-in Club was organized to create a socially competitive environment where Las Sendas residents interested in bocce can meet. We create teams and play.

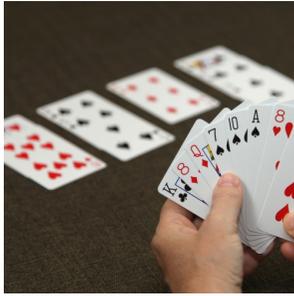


RUN♦BIKE♦TRI CLUB MONDAYS & FRIDAYS

5 am @ Hava Java

Las Sendas Run/Bike/Tri Group was founded in 2001 by Beverly Crupi, to allow runners, cyclists and

triathletes of all levels to train together in a supportive and motivating environment.



SAMBA WEDNESDAYS

Noon - 4 pm @ The Trailhead

For more information, email Karen at karenartt@me.com; feel free to ask any questions.



HIKING CLUB THURSDAYS

If you are an intermediate-level hiker and enjoy moderately paced hiking, please join [Las Sendas Hikers](#). We have a weekly hike of 5+ miles on Thursday mornings leaving from the Las Sendas Trailhead parking lot. [Join the group](#). This group is only open to Las Sendas residents. Please contact [Greg](#) with questions or if you wish to be on the email list.



AMERICAN MAHJONGG THURSDAYS

1 - 4 pm @ the Trailhead

Join us for [American Mah Jong!](#) We will supply what you need. All you have to do is show up!

For more information, please email [Michele Sipress](#) or text 630-835-4670. If you text, please be sure to include your name!

FEBRUARY CLUBS



DICE TO MEET YOU SUNDAY, FEBRUARY 2

3 - 5 pm @ The Trailhead

Meet neighbors and make friends at the Dice To Meet You family-friendly board gaming club. Contact [Brittany or Henry](#) for more information.



EUCHRE

WEDNESDAY, FEBRUARY 5

6 - 9 pm @ Trailhead

This is a trick-taking card game using a modified 24-card deck. You don't need to bring a partner!! Partners are random and rotate each game, so you have a different partner each time.

[Click here](#) or contact info: Brenda 480-220-0852



BOOK CLUB

TUESDAY, FEBRUARY 11

5:30 - 8 pm @ Trailhead

Get to know your neighbors, read interesting books, and enjoy lively conversation. New members are always welcome. For more information please contact [Amelia Miles](#).



QUILTERS CLUB

SEW DAY - SUNDAY FEBRUARY 9

10 am - 1 pm

MONDAY, FEBRUARY 17

5:15 - 7:30 pm @ The Trailhead

Show off your quilting skills and meet new neighbors and friends. Please contact [Penny](#) for more information.



RETIREES CLUB

FEBRUARY 11 & 25

9 - 11:30 am

The Las Sendas Retirees Club has a membership of approximately 90 residents who are active adults of retirement age. Please contact [Jeanine Simpkins](#) for additional information.

ADDITIONAL CLUBS

Arizona Corvettes of Las Sendas - contact Joe at jnskovacs@icloud.com or Denise at df91392@yahoo.com

Corvette Club - contact Gary at gary.mcmartin@outlook.com or Carla at brickster1@hotmail.com

Ladies of Las Sendas - contact Patricia Phillips at gotgoodskintx@gmail.com

Moms of Las Sendas - [Join the Facebook group here.](#)

Retirees' Bocce Club - JimLynck@lynckeng@gmail.com

Retiree's Tennis Club - contact Ulla Kukora at [215-920-1788](tel:215-920-1788)
or cellmom@hotmail.com

FEBRUARY MEETINGS

BOARD MEETING

The next regularly scheduled Open Session Board meeting will be on Thursday, February 27 at 6 pm.

In addition to regularly scheduled meetings, the following committees will meet at these times in February:

Landscape Committee - February 4 at 10 am at The Trailhead

Safety and Security Committee - February 4 at 4 pm at The Trailheadz

Audit Committee - February 6 at 3 pm at The Trailhead

View all other meetings on the full calendar below.

[VIEW FULL CALENDAR](#)

SPA + FITNESS

Call 480-832-6900 or visit us at the Trailhead to schedule an appointment.

COUPLES GYM MEMBERSHIP

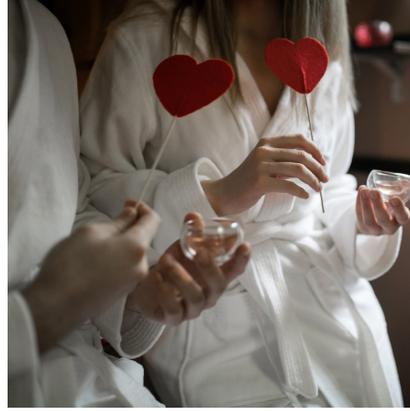
\$214 for 3 months
(SAVE \$41)



BED OF ROSES MASSAGE

Enjoy a 60-minute massage that'll buff away dry skin, infuse your body with layers of moisture, a hot oil scalp treatment and more!

\$140



MICRONEEDLING

Includes radiofrequency, enhancement serum, hydrofacial and LED light!

\$230
(REG \$355)



GOLF TPI SESSION + FREE swing speed training

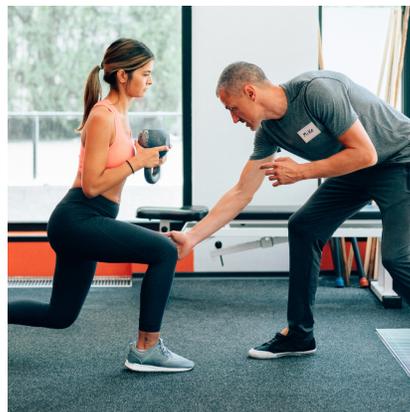
\$100
(SAVE \$70)



SPORTS PERFORMANCE TRAINING

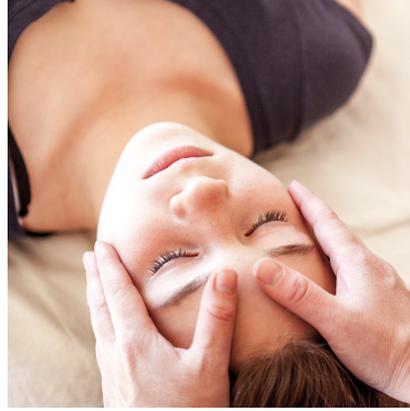
(2) 60-minute sessions + 1 month continued programming

\$80
(SAVE \$100)



REIKI HEALING

Only **\$60** for 1 session
(SAVE \$20)



TENNIS TOURNAMENT hosted by Nunez Tennis

FEBRUARY 15
Register at

REGISTER TO PLAY



GUERIN SWIM LESSONS

BOGO Swim lesson
(SAVE \$50)



MORE FEBRUARY
SPECIALS

MORE PRICING
INFORMATION

GROUP FITNESS
SCHEDULE

LOOKING FOR EVEN MORE? ?

We're always adding clubs, classes, committee meetings, and more events to our [online community calendar](#).

ONLINE COMMUNITY CALENDAR

You can also stay up-to-date by connecting with the Las Sendas Community Association on [Facebook](#), [Instagram](#), or [via text](#).

TEXT US

INSTAGRAM

FACEBOOK

TALK WITH THE TEAM

Christal Bromley | Executive Director

Sharon Haas | Community Manager

Gina Gluvna | Spa + Fitness Director

Calee Burch | Community Standards
Manager

Rob McKaig | Director of Security

Dustin Melgaard | Maintenance Director

Michael Fenzel | Lifestyle Director

Melody Birkett | Communications
Manager

Kimberly Kelley | Design Review
Coordinator

Andrew Schrater | Membership Services
Coordinator

Maureen Trask | Front Desk Associate

Community Office | (480) 357-8780

Spa + Fitness Center | (480) 832-6900

Security | (480) 220-1794

Mesa Police Non-Emergency Line | (480) 644-2211

ASSOCIATION WEBSITE

SPA + FITNESS WEBSITE

Trailhead Office
7900 E. Eagle Crest Dr.
Mesa, AZ 85207
480-357-8780
M-F, 8:30 am - 4:30 pm

Las Sendas is proudly managed by:



Las Sendas Community Association | 7900 East Eagle Crest Drive | Mesa, AZ 85207 US

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